



**Because you shouldn't run risks
with your health.**

OMENAQ®

Three-Fold formula for more vitality.
Support healthy heart,
vascular health & bone strength.

3 softgels per day.
Support a healthy heart,
vascular health & bone strength.



Can nutrients increase vitality?



COMMITMENT TO YOUR HEALTH:

"Our philosophy is simple. We will not provide you with an Omega-3 supplement that is like the rest. Instead, we make our oils and ensure they undergo a one-of-kind, patented technology that guarantees you unprecedented concentration, purity and benefit. This is why we live by the adage, "Good is the Enemy of the Best". As the founder, I proudly place my name on every product and guarantee satisfaction".

A handwritten signature in blue ink, appearing to read 'Jo Wyckmans', written in a cursive style.

Jo Wyckmans,
Founder,
Minami Nutrition

Look for a sports club, partake in a sport or try to exercise at least half an hour each day. Regular exercise will increase your fitness level. A selection of top quality supplements is available to those finally deciding to engage in more physical activity. Why not find out more - they will also keep trained athletes in top condition.

SUPER CRITICAL ABOUT OMEGA-3

EPA (eicosapentaenoic acid) and DHA (doxosahexaenoic acid) are the healthiest Omega-3 fatty acids. They are found in oily fish or a fish oil supplement. Their share in your fatty acid profile is referred to as your own Omega-3 Index. If your Omega-3 Index is between 8% and 11%, your circulation is healthy. When exercising EPA and DHA provide support during the transition from sugar metabolism to fat metabolism, which benefits your stamina.

If you are looking for an effective physiological and pure fish oil supplement, opt for **OMENAQ®**. This supplement supplies no less than **635 mg EPA and 194 mg DHA** per daily dose. The ideal amount to raise your Omega-3 Index above the recommended 8%. Equally important is the way in which these Omega-3's are produced. The Omega-3 in OMENAQ® is produced using the gentlest procedure currently available: super critical CO₂ extraction, an environmentally friendly and fatty acid friendly procedure, which also removes all traces of heavy metals from the crude fish oil.

- 635 mg EPA and 194 mg DHA
- 45 µg MK-7 from natto
- 50 mg ubiquinol



CO-ENZYME Q10 IN USER FRIENDLY FORM

Co-enzyme Q10 maintains your physical and mental fitness by delivering more energy to all the cells in your body, where coQ10 occurs in two interchangeable forms: ubiquinone and ubiquinol. Ubiquinol is the most desirable of the two. The ability to convert ubiquinone into ubiquinol changes with age. People over 40 are, therefore, advised to take a ubiquinol supplement. This form of coQ10 is ready to use, it does not need to be converted. With OMENAQ® you will consume a daily dose of **50 mg ubiquinol**. In foods co-enzyme Q10 is mainly found in offal (e.g. pig's heart: 20 mg/100 g) and to a much lesser extent in poultry (e.g. chicken leg: 2 mg/100 g) or fish (e.g. trout: 1 mg/100 g). Not exactly large quantities.

Until recently it was not possible to supply ubiquinol in a stable form, which is why most supplements contain ubiquinone. A Japanese company has managed to produce a stable form of ubiquinol. In the case of OMENAQ® we opted decisively for these easily absorbable, original Japanese capsules.

VITAMIN K₂ AS MK-7 FROM THE TRADITIONAL JAPANESE BREAKFAST

Natto, a traditional Japanese breakfast food obtained from fermented soy beans, is not particularly attractive to Westerners because of its strong smell and sticky consistency. Fortunately the superior vitamin K from this food is available in supplement form. It is vitamin K₂, i.e. the type referred to as menaquinone 7 (MK-7). Vitamin K₂ takes calcium to the right locations in the body, via the circulation to the bones. MK-7 maintains strong bones. OMENAQ® supplies a daily dose of **45 µg MK-7 from natto**, at a level that can be consumed without any problem.



VITAMIN D₃ MOST PHYSIOLOGICALLY EFFECTIVE

There are two types of vitamin D: vitamin D₃ (cholecalciferol) and vitamin D₂ (ergocalciferol). D₃ is mainly found in oily fish and is identical to the vitamin D in our body, which is why D₃ is used at least three times more effectively by the body than D₂. Vitamin D₃, which is necessary to maintain a strong bone structure, also plays a part in the development of our natural resistance and the maintenance of a healthy circulation, positive mental state and normal muscle function. In a nutshell it is safe to say that OMENAQ® supplies top quality **Omega-3, ubiquinol, MK-7 and vitamin D₃**. A composition of this quality will undoubtedly increase your vitality.



Three-fold strength vitality formula

SUPPORT A HEALTHY HEART, VASCULAR HEALTH & BONE STRENGTH

Basic assistance in maintaining a healthy heart and blood. **EPA** and **DHA** are beneficial to the **health of the heart** and help maintain a **healthy blood circulation**.

Ubiquinol, the ready-to-use form of coenzyme **Q10**, adds to keep you young, **boosts your energy level**, helps **maintain blood pressure levels** that are already within the normal range and – in its own way – helps maintain normal blood flow.

Vitamin K₂ supports **vascular health** and helps maintain **strong bones**. Additional vitamin **D₃** synergizes with vitamin **K₂** in healthy bone formation.



CONTENTS:

Minimum of 90% Omega-3 + special antioxidants

- 1050 mg Omega-3
- 635 mg EPA and 194 mg DHA to maintain a healthy heart
- 125 mg Alpha-linolenic acid (ALA) favours a beneficial balance between Omega-6 and Omega-3
- 50 mg Ubiquinol (reduced coenzyme Q10) to maintain cell and tissue strength
- 45 mcg Vitamin K₂ (menaquinone-7 = MK-7 from natto) maintains a healthy blood circulation and adds to bone strength
- 5 mcg Vitamin D₃ (cholecalciferol) for optimal bone health
- No "fishy aftertaste" and natural orange flavouring
- Gluten-free / Lactose-free.

Recommended dose: 3 softgels per day with the main meal.
OMENAQ® 90 softgels – 1 month supply

THE COOLEST OMEGA-3 ON THE PLANET

SUPERCritical "LOW HEAT"
HIGHEST OMEGA-3S
CONVENIENT - ONCE DAILY

NOW THAT IS COOL...

MINAMI

5

- 1 Super concentration - up to 90-95% omega-3
- 2 Supercritical difference (low temperature, no solvents)
- 3 Unsurpassed purity
- 4 Unique, scientifically proven formulas
- 5 Small environmental footprint

COLD PROCESSED. SMART CHOICE.

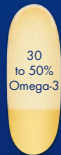
Supercritical CO₂ extraction utilizes 400% less heat than the leading brands – the typical process can expose heat-sensitive oils to temperatures as high as 200 °C. Natural CO₂ is used as gentle alternative to organic solvents and protects the final product from oxidation. Minami Nutrition also offers one of the highest concentrated Omega-3 fish oils on the market, which means more Omega-3 nutrition, no fillers and fewer softgels to take – now that is smart.

1000 mg fish oil
Minami Nutrition



Up to
95%
Omega-3

1000 mg fish oil
Other brands



30
to 50%
Omega-3